

## 2001 California Dietary Practices Survey

**Table 50: Proportion of California Adults Who Ate High Fat Milk Products (Of Persons Eating the Food)**

Question: Yesterday, was the milk you drank whole milk?

Yesterday, was the cheese you ate regular cheese?

Base: Out of Milk Drinkers and Cheese Eaters Respectively

	Percent	
	Whole Milk	Regular Cheese
Total	30	80
<b>Sex</b>		
Males	32 **	82
Females	27	78
<b>Males</b>		
18 - 24	38	88 **
25 - 34	37	90
35 - 50	34	82
51 - 64	33	74
65+	12	61
<b>Females</b>		
18 - 24	42 *	85 **
25 - 34	34	80
35 - 50	24	81
51 - 64	25	81
65+	14	57
<b>Ethnicity</b>		
White	21 ***	80
Hispanic	53	83
Black	55	79
Asian/ Pacific Islander	27	76
<b>Education</b>		
Less than high school	58 ***	80
High school graduate	34	76
Some college	23	82
College graduate	20	81
<b>Income</b>		
Less than \$15,000	38 ***	78
\$15,000 - 24,999	34	78
\$25,000 - 34,999	32	93
\$35,000 - 49,999	27	84
\$50,000+	20	81
<b>Physically Active</b>		
Did not meet recommendations	33 *	82
Met recommendations	26	78
<b>Overweight Status</b>		
Overweight/Obese	27	81
Not overweight	30	80

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi square test:

\* p<.05

\*\* p<.01

\*\*\* p<.001